



Seattle Tilth

NEWS RELEASE

Gregory J. Nickels, Mayor
Timothy Gallagher, Superintendent
www.seattle.gov/parks

For immediate release

May 29, 2008

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SEATTLE TILTH TO TEACH CONTAINER GARDENING, COMPOSTING IN DOWNTOWN PARKS FOR APARTMENT AND CONDO DWELLERS

This summer, Seattle Tilth will teach apartment and condominium dwellers how to grow vegetables and herbs in containers and how to compost food waste indoors or on balconies or patios. The classes are great for beginning gardeners and can also help more experienced gardeners troubleshoot or get new ideas. Seattle Tilth wants to show you how to grow your own food organically and reduce waste even if you don't have a yard or P-Patch plot!

Victor Steinbrueck Park, 2001 Western Ave.

Wednesdays, 5 - 7 p.m.

June 25: Container Veggie Gardening

July 2: Composting for Apartment Dwellers

July 9: Culinary Herb Gardening

August 6: Organic Pest and Disease Control

August 13: Garden with your Kids!

August 20: Learn. Grow. Eat.

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Thursdays, 5 - 7 p.m.

July 17: Organic Pest and Disease Control

July 24: Garden with your Kids!

July 31: Learn. Grow. Eat.

Freeway Park, 700 Seneca St.

Wednesdays, 5 - 7 p.m.

July 16: Salad Gardening

July 23: Composting for Apartment Dwellers

July 30: Culinary Herb Gardening

Cascade Playground, 333 Pontius Ave. N

Saturdays, 10 a.m. - noon

August 2: Container Veggie Gardening

August 9: Composting for Apartment Dwellers

August 16: Culinary Herb Gardening

Belltown Cottage Park, 2512 Elliott Ave.

Saturdays, 10 a.m. - noon

September 6: Salad Gardening

September 13: Composting for Apartment Dwellers

September 20: Culinary Herb Gardening

All classes are free; participants need to register ahead of time at www.seattletilth.org or call (206) 633-5045, Ext. 2.

Founded in 1978, Seattle Tilth is a nationally recognized nonprofit organization dedicated to cultivating a sustainable community, one garden at a time. In demonstration gardens and P-Patches and other community gardens across the region, Tilth teaches people how to improve their environment by using organic gardening techniques. Tilth's mission is to inspire and educate people to garden organically, conserve natural resources, and support local food systems to cultivate a healthy urban environment and community.

For more information, please visit www.seattletilth.org or call 206-633-0451. Seattle Tilth is located at 4649 Sunnyside Ave. N, Seattle, WA 98103.

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